



SEVA MANDAL EDUCATION SOCIETY'S  
**SMT. KAMALABEN GAMBHIRCHAND SHAH LAW SCHOOL**  
(Recognized by Bar Council of India)  
(Affiliated to S.N.D.T. Women's University)

Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex  
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**Ref No- LN:25-26: 001**

**Date: 20.06.2025**

## **NOTICE**

### **YOGA SESSION ON OCCASION OF INTERNATIONAL YOGA DAY**

This is to inform all students and staff members that a Yoga Session is organized on the occasion of International Yoga Day, in collaboration with Dr. B M N College of Home Science (Empowered Autonomous).

#### **Details of the Session:**

Date: 21<sup>st</sup> June 2025

Time: 9:00 am to 10:00 am

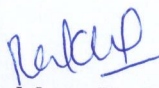
Venue: 2<sup>nd</sup> floor, Girls Common Room

Dress Code: Comfortable sportswear / yoga attire

The session will be conducted by a certified yoga instructor and will include basic yoga postures, breathing exercises, and relaxation techniques.

Let us come together to celebrate the spirit of health and well-being!

Yours faithfully,

  
**Mrs. Rakhee S. Gadhave**

**Principal I/c.**

